



METRO CANTEENS

KARABAR HIGH SCHOOL MENU

ALL HOMEMADE MENU ITEMS ARE MADE FRESH DAILY

BREAKFAST

Hash Brown	\$1.00
Ham & Cheese Croissant	\$4.00
Egg & Bacon Roll	\$4.50
Breaky Wrap (Bacon, Egg, Sausage, Hash Brown)	\$5.50

BURGERS

Cheeseburger	\$4.50
Hamburger	\$4.50
Chicken Schnitzel	\$5.00

PIZZAS

Meatlovers	\$5.00
Hawaiian	\$5.00
BBQ Chicken	\$5.00
Vegetarian	\$4.00

HOT FOOD

Hot Dog	\$3.50
Hot Dog with Cheese	\$4.00
Hot Dog with Cheese & Bacon	\$4.50
Potato Wedges	\$3.50
Sweet Chilli Wrap	\$5.00
Plain Tender Wrap	\$5.00
Nachos	\$4.00
Chicken Tenders & Wedges Box	\$5.50
Garlic Bread	\$1.00
Nuggets (3) or 70c each	\$2.00
Spring Rolls (3) or 70c each	\$2.00

PIES & PASTRIES

Beef Pie Cruiser	\$4.00
Potato Pie	\$4.00
Homemade Sausage Roll	\$3.50
Spinach Ricotta Roll	\$3.50

DAILY SPECIALS

Baked Potato w/ Beef Mince & Cheese	\$4.00
Fried Rice	\$4.00
Potato Bake	\$4.00
Pumpkin Soup	\$4.00
Chicken Fried Rice	\$5.00
Meat Balls & Cheese Subs	\$5.00
Beef & Gravy Rolls	\$6.00
Pasta Carbonara	\$5.00
Pasta Bolognese	\$5.00
Ravioli	\$5.00
Lasagne	\$6.00
Parmigiana & Wedges	\$5.50
Beef Nachos	\$5.00

SANDWICHES

Rolls	\$4.50
Wraps	\$5.50

Choose from the following fillings: Chicken, Ham, Egg, Roast Beef, Cheese, Tomato, Lettuce, Capsicum, Carrot, Cucumber & mayonaise

SALADS

Garden	\$5.00
Garden with Meat or Cheese	\$6.00
Chicken Caesar	\$5.50
Salad plates w/ meat	\$6.00
Fruit Salad	\$4.50
Watermelon	\$2.50

HOMEMADE

Mousse - chocolate or strawberry	\$2.50
Jelly Cup	\$1.20
Muffins	\$2.50
Cookies	\$2.00

RANGE OF ICE CREAMS & SLUSHIES

\$1.50-\$4.00

COLD DRINKS

Water	350ml	\$2.00
	600ml	\$3.00
	1 litre	\$4.00
Flavoured Milk	300ml	\$2.50
	600ml	\$4.00
Dare Milk	600ml	\$4.00
Plain Milk	600ml	\$2.50
Iced Tea	500ml	\$4.00
Fresh Juice		\$3.80
Up 'n' Go		\$2.50
Kyenton	600ml	\$4.00
Gatorade		\$4.00

GLUTEN FREE OPTIONS

Mousse	\$2.50
Fried Rice	\$4.00
Nachos	\$4.00